



FEBRUARY 2019



## A Message From Our President

As I begin to write this letter, I find that I am in the midst of a struggle to begin creating again, to get back into the routine of creating. During the last few weeks, with so many holiday dinners,

celebrations and gatherings with friends, I let go of my creative practices. When my routine is broken, as it is during the holidays, I get distracted and find that I do less drawing, painting, sketching etc.

Today, I finally got my painting supplies out, dusted off some brushes and paints and prepped some surfaces. I started with my sketchbook by drawing some favorite subjects in pencil. Soon I turned to pen and then I was compelled to add some watercolor. In no time at all, I was absorbed in creating and once again time disappeared. When I got hungry, I stopped to fix dinner and ate. After eating, I started painting again on a brand new surface. I made a huge watercolor mess and it was so satisfying. The messier it got, the more I kept going. I was having fun discovering and, like a kid, didn't want to stop. I know I can come back tomorrow or whenever and work on it some more. I can add to it or paint over it or just move on to something else. I'm just happy that I did some creating today. I love to get my creative juices flowing again.

Luckily, next week art classes start at our Adult Ed program and that will help me with my routine. At least one morning a week, I will be in class being creative and learning. I will also be around other creative folk who are learning, struggling and growing as artists and that is important as well. I am always inspired by the artists around me.

When I was a young girl I loved to read. One of my favorite writers was Pearl Buck who wrote "The Good Earth" and other novels about China and their culture which was so foreign to me. Recently, I was inspired by a quote from Ms. Buck's acceptance speech for the Nobel Prize.

"The instinct which creates the arts is not the same as that which produces art. The creative instinct is, in its final analysis and in its simplest terms, an enormous extra vitality, a super-energy, born inexplicably in an individual, a vitality great beyond all the needs of his own living — an energy which no single life can consume. This energy consumes itself then in creating more life, in the form of music, painting, writing, or whatever is its most natural medium of expression. Nor can the individual keep himself from this process, because only by its full function is he relieved of the burden of this extra and peculiar energy — an energy at once physical and mental, so that all his senses are more alert and more profound than another man's, and all his brain more sensitive and quickened to that which his senses reveal to him in such abundance that actuality overflows into imagination. It is a process proceeding from within. It is the heightened activity of every cell of his being, which sweeps not only himself, but all human life about him, or in him, in his dreams, into the circle of its activity."

I spoke with my older brother in New York recently and he advised me to be more selfish as an artist. Artists need to be selfish for their art, he said. He strongly advised me to spend more time on art and selfishly guard my creative time. This is one of my struggles: to say no to other opportunities and activities and say yes to my creative urges/needs.

Elizabeth

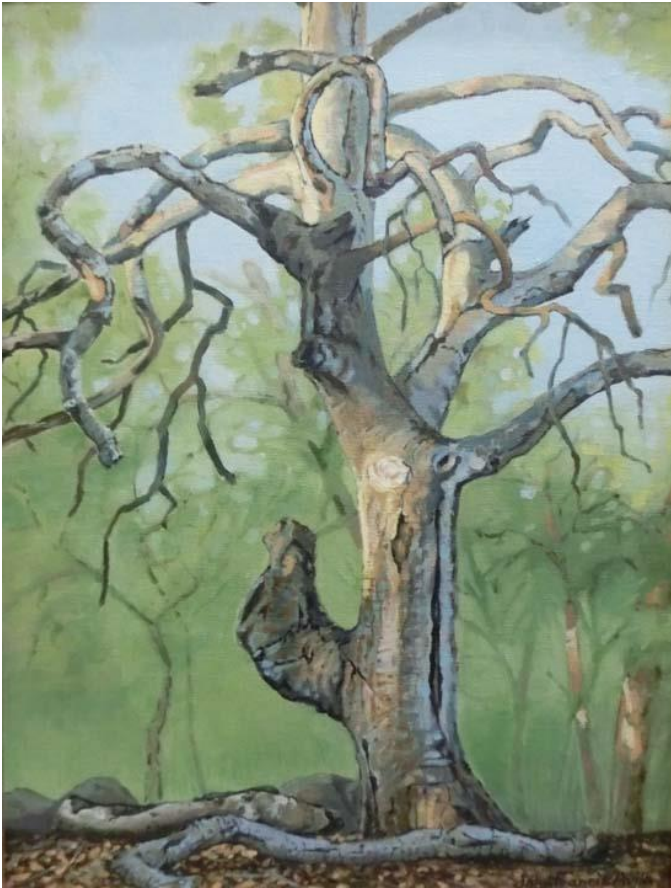
Juror's Choice for January's



Rick Osgood, "Pikes' Camp, Maine", w/c



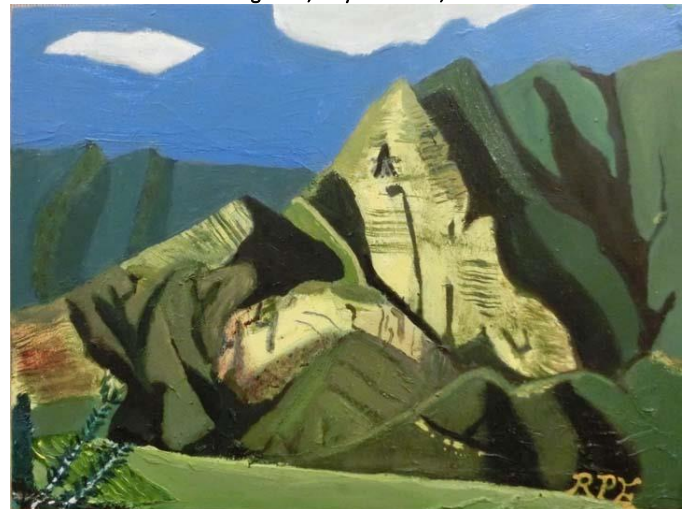
Warner Nienow, "The Oxbow Incident", oil



John Francis Avila, "Old Oak", oil



Meg Ricks, "My Minitour", oil



Richard Erskine, "The Goleta Pyramid #2", oil

"Painting is easy when you don't know how, but very difficult when you do" Edgar Degas

## Workshops

## Classes

## Events

### Whistle Stop Art Studios

**Whistle Stop Art Studios**, last call for **Skip Lawrence**, **February 18-22**, and **February 25 thru March 1**. This year they will be held at the Community Arts Workshop on Garden Street which is a wonderful new space. Don't wait to sign up! Get your name on the list for this outstanding nationally acclaimed artist and teacher. Contact details are [ruth@ruthellenhoag.com](mailto:ruth@ruthellenhoag.com), or 805-689-0858.

Join **Whistle Stop Art Studios** watercolor and acrylic classes with **Ruth Ellen Hoag**: **Saturdays, 10-1** for all levels of experience, and **1:30 to 4:30** for evolving the basics in techniques and composition. Enrollment is open with class size limited to ten. For more information or to register, please contact [ruth@ruthellenhoag.com](mailto:ruth@ruthellenhoag.com), or call 805 689-0858.

### Martha Shilliday

is offering a weekly watercolor class meeting on **Thursdays** at the Goleta Valley Community Center. Formal lessons with handouts will be provided. Small classes with 12 or less students provide plenty of one-on-one attention. Student skill level should be advanced beginner or above. Classes are between **1:30-4:30 p.m.** You can look at her web site at [www.mshilliday.com](http://www.mshilliday.com). If you are interested in the class please either call her at 805-451-8877 or email [mshilliday@cox.net](mailto:mshilliday@cox.net).

### FREE Workshop

**Suemae Willhite's Chinese Calligraphy & Brush Painting** at SBCC/SEL has two sessions: **First on thru March 5 or March 12 thru May 10** at the Wake Center in Room # 7, 300 N. Turnpike, Santa Barbara. Registering in person is the best way to go! Registration already began on December 11 [www.sbccc.edu/Extendedlearning](http://www.sbccc.edu/Extendedlearning)

### Pastel Portrait Art Workshop

**SBVA Workshop Thursday - Sunday May 2 - 5 Pastel Portrait Art by Cuong Nyugen 9am - 5pm** Limit: 12/12 Contact [JanBakerArtist@gmail.com](mailto:JanBakerArtist@gmail.com) to be placed on the list. With confirmation, you may submit your payment to [www.SBVisualArtists.com](http://www.SBVisualArtists.com)

**Gallery Los Olivos will be jurying potential members** who want to exhibit 3-D art displayed on pedestals on Saturday, March 30. A confirmed reservation is required, and we encourage interested artists to get in touch soon since we'll be finalizing the applicant list in late February. We invite artists to visit our recently remodeled gallery to assess the venue for their work. Info. [www.gallerylosolivos.com/jurying](http://www.gallerylosolivos.com/jurying) and click on Pedestal Jurying.

### Gaye Adams 2019 En Plein Air workshop

Sponsored by SBAA **February 1-3, 9am to 4pm** is \$275 for SBAA members and \$325 for non-members. Gaye will demonstrate in oils, but pastel and acrylic artists are welcome. This workshop is geared to both beginning and experienced plein air painters. Go to [www.gayeadams.com](http://www.gayeadams.com) to see her work. Contact William Hull for further information at 805-965- 5392 or [hullarts@cox.net](mailto:hullarts@cox.net).

**Paula Gregoire-Jones** is offering two classes at SBCC School of Extended Learning classes starting in January. The Meditative Art of Making a Prayer mala, **Thursdays, February 7-21 ,9am to noon**, Wake Center, Rm 7, \$65 + Materials \$5, the other is Therapeutic Properties of Gems and Minerals, **Saturday, March 9 and 16, 10am - 3pm**, Wake center, Rm 7, \$55+ Materials \$5

**A Friendly Reminder Don't forget to pay your annual dues of \$25, now past due as of January 1, 2018. Please fill out form on the last page and print. Send payment (with form) to GVAA, P.O. Box 435, Goleta, CA 93116 before the generous grace period ends! Your membership will remain current if your dues are received by 02-28-19**



Kathy Brownnett, "Red, Healing the Soul", w/c

## Congratulations and Member's Events



Pamela Benham, "Self Portrait in Vivid Color, 2018", w/c

**Pamela Benham's** paintings are in "I Am Me: Artists' Self-Portraits" at the Santa Paula Art Museum thru **March 10th**, in "100 Grand" at Sullivan Goss thru **February 6**; and in the A.I.R Gallery in Brooklyn, NY thru **March 10th**. Her work is exhibited at the Monmouth Museum, New Jersey thru **March 10th**, at the Oceanside Museum of Art thru **February 8**, and at the Wildling Museum of Art, Solvang thru February 5. She has two pieces in "Abstract Open IV" at the Channing Peake Gallery thru **February 21**.

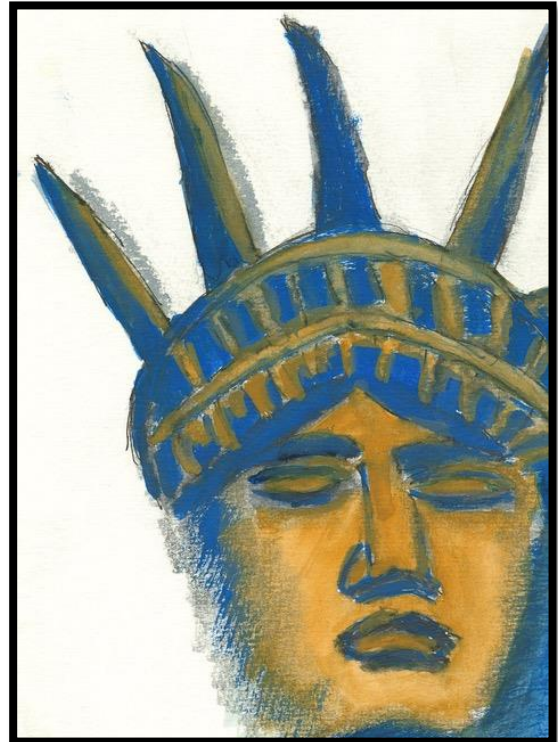
**Attila Danila** has one painting in the Goleta library show, "**Sedona**" until **January 30th**.

**Ruth Petersen Shorer** First solo exhibit of 2019 is at First Federal Bank & Loan Association, 6058 College Ave, Oakland. Showing thru **March 3**.

**Kathy Brownnett** along with other artists are part of a great show now showing at the Ridley Tree Cancer Center. Thank you, Rick Stich, for being a great teacher and support. Not only have we learned a lot about watercolor painting in his classes at the RTCC but made some sweet friends too.

Goleta Valley Art Association's February 2019 Newsletter

**Elizabeth U. Flanagan** has a piece "**The Pond**" in the GVAA show at the library. Elizabeth recently finished her second commission: "**Lady Liberty: Heartbroken**". This piece was commissioned as a gift to a person who lives in Sweden where "**Lady Liberty**" is now displayed.



Elizabeth U. Flanagan, "Lady Liberty: Heartbroken", mix



Ruth Peterson Shorer, paintings displayed at First Federal Bank & Loan

### *The People's Choice for P4P*

First: Jim Felland,	"Rac n Ruin",	w/c ink
Second: Zaffir Bhatti,	"Rincon Island",	acrylic
Third: Lynn Humphrey,	"Garden with a View",	pastel
Lena Savage,	"Baby Rocky",	w/c
John Williams,	"Nightscape",	oil



## February Juror Chris Chapman

Born in California in 1950, Chris Chapman is a prolific regional artist. Her bond with nature and creative expression was forged at an early age. After studies at University of Oregon, UCSB, and SBCC, and with a lot of grit, her livelihood as an artist became real. Combining conservation with art, in the early 2000s Chris and her husband John Iwerks managed Arroyo Hondo Preserve on the Gaviota Coast for the Land Trust for Santa Barbara County, creating a visitor's center, adobe art gallery, and natural history illustrations. Now, Chris and John live and paint nearby in the Santa Ynez Valley, but the Gaviota Coast and Eastern Sierra Nevada are repeating favorite subjects. Looking closer at the landscape, Chris delved into California native plants, creating a substantive body of fresh watercolor botanicals. She illustrated Chumash Ethnobotany (Timbrook, 2007) which led to a permanent installation in the Chumash Hall of Ventura County Museum of Art. Chris is a member of the Oak Group and is a Signature Member of several national pastel societies and Honorary Lifetime Member of SBAA. Following many years as a painting instructor at SBCC Adult Education, today Chris devotes more time to her own work while teaching occasional workshops and serving the Wildling Museum of Art and Nature in Solvang.

### GVAA CALENDAR IS AVAILBLE on [www.tgvaa.org](http://www.tgvaa.org)

Goleta Library Ingatherings: 10:30am -1pm, pick up unselected artworks: 3 – 4:30pm,  
Critique & takedown: 6:15 – 8pm

Wednesday, January 30,	Critique/Michael Drury	Goleta Library
Friday, February 1,	Ingathering	Goleta Library
Wednesday, February 27,	Critique/Chris Chapman	Goleta Library

### WE HAVE A VARIED AND RICH ART COMMUNITY. CLICK ON A ADDRESS BELOW:

Southern California Artists Painting for the Environment  
SCAPE <http://www.s-c-a-p-e.org/>

Santa Barbara Arts Collaborative  
<http://sbartscollaborative.com/>

Santa Barbara Art Association SBAA  
<http://sbartassoc.org/>

Abstract Art Collective AAC  
<http://abstractartcollective.com/>

The Oak Group  
<http://www.oakgroup.org/>

Santa Barbara Print Makers  
<http://www.sbprintmakers.com>

PCCA  
<https://pccasantabarbara.com>

**GVAA 2019 OFFICERS** President: ELIZABETH FLANAGAN [euflanagan@gmail.com](mailto:euflanagan@gmail.com)

Vice President: TERRE MARTIN SANITATE [terre.sanitate@gmail.com](mailto:terre.sanitate@gmail.com)

Recording Secretary: ADRIA ABRAHAM [jrsaaahome@msn.com](mailto:jrsaaahome@msn.com)

Social Events Coordinator: LYNN HUMPHREY [garrylyn@cox.net](mailto:garrylyn@cox.net)

Treasurer: MARIE ARNOLD [jansmith.sb@gmail.com](mailto:jansmith.sb@gmail.com)

Director: JUDY EDMONDSON [edmondso@sbceo.org](mailto:edmondso@sbceo.org)

Newsletter Editor: KATHY BROWNETT [kbrownettgvaa@gmail.com](mailto:kbrownettgvaa@gmail.com)

### Welcome New Members and Update your Address Book:

**Donna Moser**  
[donnamoserart@aol.com](mailto:donnamoserart@aol.com), [www.donnamoserart.com](http://www.donnamoserart.com)

**Judith Villa**  
[mytherapy2@gmail.com](mailto:mytherapy2@gmail.com), [www.judithvilla.com](http://www.judithvilla.com)

**John F. Avila**  
[johnfavila@gmail.com](mailto:johnfavila@gmail.com)

**Maxine Avila**  
[maxinefavila@gmail.com](mailto:maxinefavila@gmail.com), Art of Maxine Avila on Facebook

### Update member info:

**Susan Fridley**  
[Suefridley3@icloud.com](mailto:Suefridley3@icloud.com)



If you know of someone in need of encouragement or cheer, please notify our own Sunshine Gal, Janet Hart at [hartjanet84@gmail.com](mailto:hartjanet84@gmail.com)



# Goleta Valley Art Association

## Membership Renewal

**The Goleta Valley Art Association is an all-volunteer, non-profit organization, which depends upon the willing participation of all our members.**

Please check off your interests and skills below to show ways in which you can help GVAA. Feel free to write in any relevant skills not listed below. Thank you!

**Ingatherings/Shows**

- Ingathering
- Hanging
- Membership
- Cashiering
- Outdoor shows
- Juror Selection

**Publicity**

- Graphic Design
- Brochures/Flyers
- Photography
- Marketing
- Press contacts

**Technology**

- Website
- Database/e-lists
- Newsletter

**Education**

- Workshops
- Field trips
- Receptions

**Please share any comments and suggestions.**

**Please provide a brief biographical sketch. (Continue on reverse as needed.)**

**Please renew my membership. A check for my dues is attached.**

Name \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_ City/State/Zip \_\_\_\_\_

Phone(s) \_\_\_\_\_

Email \_\_\_\_\_ Website \_\_\_\_\_

**Dues are \$25/year, payable by Feb. 28 to retain membership and to be included in our directory. Dues are pro-rated to \$15 for new members joining after Aug. 1.**

**Make check payable to "GVAA" and mail to : GVAA, P.O. Box 435, Goleta, CA 93116.**